

## Shamanic Healing

Shamanic practitioners call on helping spirits in those other realities to heal people here by restoring their spiritual powers. That power comes from a "whole" soul and the protection of compassionate spirits and power animals, which create a spiritual force field around us. Ancient Indian Sadhus and shamans across the world have more in common than other sciences.

## Chakra Medicine

Using our knowledge of plants we have created medicines to heal various energy issues in individual's chakras (energy centres). We do not sell these medicines off the counter, however we administer these medicines after examining an individual. The effect of which is achieving balanced energy in an individual's chakra system.

For select individuals opening the chakras could also lead to supernatural powers, such as instant learning, telepathy, telekenisis and many such accomplishments that superior souls have. However, holding on to these powers requires practice, patience and guidance from a learned master.

## Electro Homeopathy

Electro Homeopathy is a plant-orientated system of herbal medicine. The Electro Homeopathic remedies purify the lymph and blood systems of the human body. With Electro Homeopathy we can find and destroy the gravest disorders of the organism by purifying it, or we can help to prevent disease by keeping the body pure and respecting the will of the Creator.

Electro Homeopathy is a system of medicine that draws all of its remedies from non-poisonous plants. It does not use sources from the mineral or animal kingdom. The remedies work with nature and help the healing force in the shape of electric bio-energy.

Using Electro Homeopathy we cure the most stubborn health issues that even modern medicine may not have a cure for.

## Astrological Medicine

Medical astrology (traditionally known as latromathematics) is an ancient medical system that associates various parts of the body, disease and drugs as under the influence of the sun, moon and planets, along with the twelve astrological signs. Each of the astrological signs (along with the sun, moon and planets) is associated with different parts of the human body.

## Indian Ayahuasca

With a careful study and years of spiritual experience, Dr Umesh has been able to extract the core elements of the ancient South American brew, commonly known as ayahuasca, from Indian plants to create a similarly soul purifying blend. Enabling people to experience its core benefits without the usual fears, phobias and other side effects.

**Benefits:** Introspection - Re-introduction to your inner self - Acceleration of thought - Gain years of knowledge in days - Enhancement of current mind state - Learn to take control of your Inner Self - Removal of cultural filter - You are not what people think you are - Conceptual thinking - Enhance your understanding of life and beyond - Vocabulary suppression - Grow your expression beyond words - Ego suppression, loss and ego death - Learn to reset your ego - Deja-vu - Possibly relive your life changing events and have a better understanding of them



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**If you want to know the meaning, the purpose, the nature of your life, you must know your own self, your own soul.**

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# Awaken Your Supernatural Powers



**You can change your DNA with Spiritual Surgery**

**Cosmic Healing Meditation**  
**Kundalini Activation Yoga Ayurveda**  
**Dynamic Living Astrology Reiki**  
**Shiva/Shakti Tantra**  
**Ayurvedic Massage Shamanic Healing**  
**Chakra Medicine Electro Homeopathy**  
**Astrological Medicine Indian Ayahuasca**

## Cosmic Healing

Cosmic Healing is a technique which deals with healing one's energy body which, in effect, heals one's spiritual and physical body. Cosmic Healing also allows one to heal their energy centres (chakras) and maintain a balanced energy throughout the body. We also call it spiritual surgery.



This technique also teaches how to heal others from near or great distances. As simple as it may sound, this is a rare technique which could help mankind a great deal. This technique allows a healer to not only maintain their "high energy level" but also teaches a great deal about what may be an effective technique to heal most issues in people who are not willing to take energy healing seriously. This energy healing technique is the most sought after thing in our ashram.

## Meditation

Meditation is a very vast stream of self discovery. The students always remain the centre of everything; they are guided in their search for the Self through the practice of meditation, dance and purification.



## Kundalini Activation

Kundalini is the latent spiritual force in every human being, also referred to as the sacred serpent and commonly denoted by the chakras. Through our methods we help individuals activate and recognise their own kundalini shakti (energy).

Once activated, kundalini not only shows an individual their divine nature, but also takes away most issues from the past, starts giving divine knowledge and answers an individual's questions such as "why am I here?" and "the meaning of life". Most people can understand and experience universal "oneness" better with their active kundalini.



## Yoga

Yoga, commonly referred to or understood as the art of doing various postures is actually a union of body and soul, the physical and the divine. We follow the traditional Hatha and Ashtanga Yoga techniques with special attention to the energy needs of the body.



Focusing on bringing together a yoga practitioner's mind, body and soul to optimum efficiency.

## Ayurveda

Ayurveda is the ancient Indian medicinal science which is based on the sacred knowledge of plants and various minerals. At Satyalesari Cosmic Energy Centre we treat various ailments based on our vast knowledge of Ayurveda.

We treat ailments ranging from simple physical problems to other generally untreatable diseases such as asthma, diabetes, cysts and cancer.

## Dynamic Living

Today's stressful lifestyle has left much to be desired for a daily schedule. One finds it difficult to find time for every activity that would keep them happy and healthy whilst maintaining the busy schedule of modern day life. Through our Dynamic Living course, we help people overcome specific issues through habitual changes in order to derive the maximum benefit with the least investment of time.



## Astrology

We follow ancient Indian astrology techniques of making planetary charts for individuals and provide solutions for issues resulting due to planetary activity in an individual's star charts.

Planetary influences are things that happen due to one's individual karma of the present and past lives. With our guidance one can minimize bad planetary influences if any and take advantage of the good planetary influences with the timely guidance.

We also give advice on which gemstones or crystals can be worn in order to make use of the planetary influences.

## Reiki

Reiki is a form of energy healing which is similar to Cosmic Energy Healing that works on an individual's energy body. Thereby fixing the imbalanced energy in an individual, which usually is the cause of most imbalanced thoughts, physical issues and overall wellbeing.

## Shiva/Shakti

Imagine a world where every man is no less than a divine GOD and every woman is a GODDESS. Living in perfect harmony with each other, whilst together or away from each other. Our focus is on allowing individuals or couples to awaken their divine energy and match it with their counterpart. The energy dynamics become so profound that individuals find themselves very aware of each other's moods and needs, and can help each other overcome any external influence. Learn not just to discover the divine in you.

## Tantra

Tantra is the ancient understanding of energy and how it translates in the human body and spirit. It is a very complex and vast science, combining the elements of pure spiritual energy, elemental energy and human thought energy with yogic processes. Tantra not only allows one to access one's divine nature but also explore it to great depths and develop one's own deep spiritual powers.

This science is so vast, that it not only takes one to the depths of one's consciousness, but also allows enough exploration space that one can develop a superconscious state, attain enlightenment and interact with other souls on an energy level.

## Ayurvedic Massage

An ayurvedic massage serves not only to relieve pain but especially as preventative medicine. Increasing circulation, stimulating and strengthening the lymphatic system and opening the flow of life force in order to cleanse and revitalize the body. In addition, essential oils used in Ayurvedic massages are very nourishing and detoxifying, helping to prevent aging and leaving the skin soft and shiny. In addition, Ayurvedic massages provide other benefits including symptomatic relief of stress and the generation of positive emotions to make us feel better both physically and mentally.

